



Job Title:	Trainee Wellbeing Practitioner: Children & Young People (CYWP)
Salary:	£26,530 (trainee)
Location:	BLGC Sites, community and home working
Reports to:	Service Manager, Targeted Youth Services
Contract:	One year trainee post (then subject to available funding)
Hours:	37.5 hours per week

The Charity

Bolton Lads & Girls Club (BLGC) is an innovative, dynamic, and progressive children and young people's charity based in Bolton. Established in 1889, our mission statement is "to enable children and young people, especially those from disadvantaged backgrounds, to live happier, healthier and positive lives by providing somewhere to go that's safe and modern, something to do that is inspiring and engaging, and someone to talk to when they need it the most".

Open 51 weeks of the year, we provide a vast array of opportunities to improve the lives of our 4,000 active members through universal and targeted services. We employ around 100 people and have the support and commitment of 100 volunteers. Over the last few years we have seen the demand for our services increase significantly and we've set ourselves a target to help more young people than ever. We have recently re-opened our main centre in the heart of Bolton following a major £2.6m refurbishment. It's an exciting time to join BLGC!

Our Vision and Mission

Vision

Every young person in Bolton has the opportunity to be the best they can be.

Mission

We will provide great places to go, positive things to do, and people that care.

Our Key Principles

- Keep things simple.

BLGC Enriching Young Lives

Infinity 18 Spa Road Bolton BL1 4AG

01204 540100 | info@blgc.co.uk | blgc.co.uk

Registered Charity No: 1051292



- Always do the right thing.
- Offer excellent customer service.
- Provide an environment for people to be the best they can be.
- Be exceptional in the moments that matter.

Our Values

Driven

We don't give up and we do whatever it takes.

Empowering

We enable people to be the best they can be.

Fun

If you enjoy what you do, you do it better! Work is serious and we do it with a smile on our face.

Caring

Genuine people who care make the difference.

Excellence

We aim to deliver the highest standards of service and continuously improve through robust quality assurance and innovation.

About the role

This is a training role within the NHSE Children and Young People's Psychological Therapies Training Programme. The post-holder will work within the Mental Health & Wellbeing Service as part of a team delivering, under supervision, high-quality; outcome-informed, focused, evidence-based interventions for children and young people experiencing, mild to moderate anxiety, low mood/behavioural difficulties.

The training and service experience will equip the post holder with the necessary knowledge, attitude and capabilities to operate effectively in an inclusive, value driven service.

The post holder will attend all University based taught and self-study days required by the education provider, as specified within the agreed national curriculum and work in the service for the remaining days of the week using their newly developed skills.

CYP Wellbeing Practitioner training benefits from being integrated fully within community based mental health services.

Main Responsibilities

BLGC Enriching Young Lives

Infinity 18 Spa Road Bolton BL1 4AG

01204 540100 | info@blgc.co.uk | blgc.co.uk

Registered Charity No: 1051292



Therapeutic skills

- 1.1 Assess and deliver, under supervision outcome focused, evidence-based interventions to children and young people experiencing mild to moderate mental health difficulties.
- 1.2 Working in partnership, support children, young people experiencing mild to moderate mental health difficulties and their families in the self-management of presenting difficulties.
- 1.3 Work in partnership with children, young people and families in the development of plans for the intervention and agreed outcomes.
- 1.4 Support and empower children, young people and families to make informed choices about the intervention.
- 1.5 Always operate from an inclusive values base, which recognises and respects diversity.
- 1.6 Accept referrals within agreed national and local protocols.
- 1.7 Undertakes accurate assessment of risk to self and others.
- 1.8 Adhere to the service referral protocols. Under supervision signpost unsuitable referrals to the relevant service as necessary.
- 1.9 Through close case management and supervision, escalate cases where the level of need becomes beyond scope, or more severe ensuring adherence to other relevant elements of service delivery.
- 1.10 Provide a range of information and support for evidence-based psychological treatments. This may include guided self-help. This work may be face-to-face, by telephone or via other media.
- 1.11 Adhere to an agreed activity contract relating to the overall number of children and young people contacts offered, and sessions carried out per week to improve timely access and minimise waiting times.
- 1.12 Attend multi-disciplinary meetings relating to referrals or CYP in treatment, where appropriate.
- 1.13 Keep coherent records of all activity in line with service protocols and use these records and outcome data to inform decision making. Complete all requirements relating to data collection.
- 1.14 Assess and integrate issues relating to transitions, education and training/employment into the overall therapeutic process.
- 1.15 Work within a collaborative approach involving a range of relevant others when indicated.
- 1.16 Work in collaboration with children, young people and communities to enhance and widen access.

Training and Supervision

- 2.1 Attend and fulfil all the requirements of the training element of the post including practical, academic and practice-based assessments.
- 2.2 Apply learning from the training programme to practice.

BLGC Enriching Young Lives

Infinity 18 Spa Road Bolton BL1 4AG

01204 540100 | info@blgc.co.uk | blgc.co.uk

Registered Charity No: 1051292



- 2.3 Receive supervision from educational providers in relation to course work to meet the required standards.
- 2.4 Prepare and present case load information to supervisors within the service on an agreed and scheduled basis, to ensure safe practice and the governance obligations of the trainee, supervisor and service are delivered.
- 2.5 Respond to and implement supervision suggestions by supervisors in practice.
- 2.6 Engage in and respond to personal development supervision to improve competences and practice.

Professional

- 3.1 Ensure the maintenance of standards of practice according to the employer and any regulating bodies and keep up to date on new recommendations/guidelines set by the relevant departments.
- 3.2 Ensure that confidentiality is always protected.
- 3.3 Ensure clear objectives are identified, discussed and reviewed with supervisor and senior colleagues on a regular basis as part of continuing professional development.
- 3.4 Participate in individual performance review and respond to agreed objectives.
- 3.5 Keep all records up to date in relation to Continuous Professional Development and ensure personal development plans maintain up to date specialist knowledge of latest theoretical and service delivery models/developments.
- 3.6 Attend relevant conferences/workshops in line with identified professional objectives.

GENERAL

- 4.1 Contribute to the development of best practice within the service.
- 4.2 Ensure a comprehensive understanding of the relevant safeguarding legislation, guidance and best practice.
- 4.3 Maintain up-to date knowledge of legislation, national and local policies and procedures in relation to children and young people's mental health
- 4.4 All employees have a responsibility and a legal obligation to ensure that information processed is kept accurate, confidential, secure and in line with the Data Protection Act (1998) and Security and Confidentiality Policies.
- 4.5 It is the responsibility of all staff that they do not abuse their official position for personal gain, to seek the advantage of further private business or other interests in the course of their official duties.
- 4.6 This Job Description does not provide an exhaustive list of duties and may be reviewed in conjunction with the post holder in light of service development.

BLGC Enriching Young Lives

Infinity 18 Spa Road Bolton BL1 4AG

01204 540100 | info@blgc.co.uk | blgc.co.uk

Registered Charity No: 1051292

PERSON SPECIFICATION

	Essential ✓	Desirable ✓	Method of assessment ✓
Qualifications			
Evidence of ability to study successfully at undergraduate level (level 6) or the equivalent through a proven academic record of previous learning/formal study in Child Development, Well-being or Mental Health	✓		A
Evidence of numeracy			
Relevant Training		✓	A
Experience			
Experience of working with children and/or young people	✓		A
Evidence of working with children and young people with mental health difficulties		✓	A
Experience of working in mental health or related services		✓	A
Worked in a service where agreed targets in place to demonstrating outcomes		✓	A
Knowledge and Skills			
Ability to evaluate and put in place the effect of training	✓		A/I
Computer literate	✓		A/I
Excellent verbal and written communication skills, including telephone skills and use of internet mediated communication	✓		A/I
Ability to develop good therapeutic relationships	✓		A/I
Able to develop good professional relationships with colleagues both within and beyond internal work systems and child and adolescent mental health services	✓		A/I
Responsive to and willing to ask for feedback and supervision	✓		
Received training (either formal or through experience) and carried out risk assessments within scope of practice		✓	A/I
Knowledge of child and adolescent development and the role of the family in supporting children and young people's emotional well-being	✓		A/I
Understanding of systems and contexts in which children and young people are likely to live	✓		A/I
Demonstrates an understanding of common mental health problems experienced by children and young people		✓	A/I

BLGC Enriching Young Lives

Infinity 18 Spa Road Bolton BL1 4AG

01204 540100 | info@blgc.co.uk | blgc.co.uk

Registered Charity No: 1051292

	Able to identify common mental health problems in children and young people		✓	A/I
	Understands why it is essential to use evidence-based interventions when possible		✓	A/I
	Understands why collecting feedback from children, young people and parents is important		✓	A/I
Personal Attributes				
	Able to attend the formal training as required	✓		A/I
	Able to complete academic components of the course	✓		A/I
	Able to integrate training into practice	✓		A/I
	High level of enthusiasm and motivation	✓		A/I
	Excellent organisational and self-management skills	✓		A/I
	Ability to use supervision and personal development positively and effectively	✓		A/I
	Able to work under pressure	✓		A/I
	Regard for others and respect for individual rights of autonomy and confidentiality	✓		A/I
	Ability to be self-reflective in own personal and professional development and in supervision	✓		A/I
	Able to travel between sites where children and young people may present (e.g. community settings, schools, NHS premises, home etc).	✓		A/I
	Ability and willingness to travel to locations		✓	A/I
	Fluent in languages other than English		✓	A/I
	Driver with own car	✓		A

Special Requirements: In accordance with our Child Protection and Safeguarding procedures, this position requires an Enhanced DBS.

Method of Assessment Key:

A Application Form

I Interview

BLGC Enriching Young Lives

Infinity 18 Spa Road Bolton BL1 4AG

01204 540100 | info@blgc.co.uk | blgc.co.uk

Registered Charity No: 1051292