



- Job Title:** CYP Mental Health and Wellbeing Practitioner
- Salary:** £25,288 to £27,931 depending upon experience
- Location:** Office based in Bolton / Home Working / Community working
- Reports to:** Service Manager, Mental Health and Wellbeing
- Contract:** Temporary post covering maternity leave
- Hours:** 35 hours per week

The Charity

Bolton Lads & Girls Club (BLGC) is an innovative, dynamic, and progressive children and young people's charity based in Bolton. Established in 1889, our mission statement is "to enable children and young people, especially those from disadvantaged backgrounds, to live happier, healthier and positive lives by providing somewhere to go that's safe and modern, something to do that is inspiring and engaging, and someone to talk to when they need it the most".

Open 51 weeks of the year, we provide a vast array of opportunities to improve the lives of our 4,000 active members through universal and targeted services. We employ around 100 people and have the support and commitment of 100 volunteers. Over the last few years we have seen the demand for our services increase significantly and we've set ourselves a target to help more young people than ever.

Our Vision and Mission

Vision

Every young person in Bolton has the opportunity to be the best they can be.

Mission

We will provide great places to go, positive things to do, and people that care.

Our Key Principles

BLGC Enriching Young Lives

Infinity 18 Spa Road Bolton BL1 4AG

01204 540100 | info@blgc.co.uk | blgc.co.uk

Registered Charity No: 1051292



Part of the
OnSide
Network



- Keep things simple.
- Always do the right thing.
- Offer excellent customer service.
- Provide an environment for people to be the best they can be.
- Be exceptional in the moments that matter.

Our Values

Driven

We don't give up and we do whatever it takes.

Empowering

We enable people to be the best they can be.

Excellence

We aim to deliver the highest standards of service and continuously improve through robust quality assurance and innovation.

Caring

Genuine people who care make the difference.

Fun

If you enjoy what you do, you do it better!
Work is serious and we do it with a smile on our face.

About the role

You will be energetic, solution focused and creative to ensure the best outcomes for children and young people who access our service. Working as part of the Mental Health and Wellbeing team providing a range of quality services to young people aged 11-19 years who are under stress or experiencing mental health difficulties through 1:1 needs-based, therapeutic support.

Holistically, our team delivers work which combines individual support, advocacy, delivery of projects and groups and encourages young people's participation in the service.

Meeting targets as outlined by funders is a crucial element of the role and ensuring the quality of recording the support young people receive to achieve positive outcomes is vital.

Based at BLGC you will need to be happy to travel to deliver support in community-based locations, schools and colleges across Bolton. Your role may include both face to face and online therapeutic support flexibly including evenings and occasional weekends. This will be dependent on the access needs of the young people and the needs of the service.

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Main Responsibilities

- To deliver therapeutic interventions to young people to assist them in reaching their identified goals in wellbeing.
- Provide a listening service to young people, providing empathic and non-judgmental support
- To manage a caseload of 15 young people through assessment, intervention and evaluation.
- To use a range of resources and creative approaches to best meet the needs of each young person.
- To continually assess risk and safety plan and/or escalate when needed.
- To record all relevant work, plans, attendance at meetings, concerns and interventions and to keep case notes and communication, meetings and activities on BLGC database.
- To record outcomes of partnership database when applicable.
- Use established assessment tools and outcomes measures to monitor the impact of the service on young people and outcomes achieved.
- To escalate referrals to specialist services when needed or follow established pathways to alternative services to ensure the right support at the right time.
- To work in a multi-agency way with schools, CAMHS, Social Care, Schools and the VSE sector.
- To work closely with partners around feeding into Early Help plans and assessments when unmet needs outside the remit of the work are identified.
- To collect feedback and evaluations from young people about the service and review the offer to ensure it is young person focused and inclusive.
- To support the writing of reports through case studies and up to date data.
- To keep children and young people safe in line with BLGC policies and local authority arrangements around safeguarding.
- To take part in professional development and training opportunities related to the role.
- Ensure all KPI's and outcomes are being met in line with the funding requirements.
- To participate in reflective supervision and clinical consultations.
- To understand and adhere to BLGC policies and procedures at all times with particular emphasis on equal opportunities, health and safety and safeguarding.
- To undertake any other work requested by your line manager.

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Person Specification:

Applicants should be able to demonstrate that they can meet the following:

Selection Criteria A=Application / I=Interview	Essential or Desirable	Method of Assessment A/I
Qualifications		
Qualified to degree level in either Youth & Communities, Social Work other relevant sector equivalent qualification.	E	A
Skills and Abilities		
Engaging young people individually using creative and imaginative methods, models and processes to help meet agreed goals	E	A/I
Liaise and network with a range of agencies including statutory and voluntary sector organisations.	E	I
Plan, organise and prioritise own workload and manage time effectively.	E	I
Belief in the child centered, needs led, recovering focused values base of the service	E	A/I
Able to collect, record and organise information and data systematically	E	A/I
Experience		
2+ years experience of working with children, young people on a 1-1 basis providing support around mental health	E	A/I
2+ years experience of providing 1-1 interventions of a therapeutic nature to address poor mental health and improve wellbeing	E	A/I
Experience of using routine outcome measures	D	A
Experience of managing risk and safety planning	E	A/I
Experience of working in a team	E	I
Experience of working with young people with mental health difficulties in a group setting, and an ability to deal with difficult and challenging group dynamics.	D	A
Experience of assessing the mental health needs of young people from diverse backgrounds.	E	I
Experience of working with young people with special educational needs (SEN).	D	A
Knowledge		

Awareness and understanding of mental health and emotional problems including self-harm and suicide.	E	A/I
Knowledge of child development, attachment theory and adverse childhood experiences	E	A/I
Proficient ICT skills including Office applications	E	A
Thorough knowledge of safeguarding legislation and responsibilities.	E	A/I
Knowledge of evidence-based interventions for common mental health and emotional problems	D	A/I
Personal Qualities		
Positive outlook and solutions focused	E	A/I
High level of emotional resilience to be able to keep thinking and performing skillfully under pressure	E	I
Other		
Driver with clean driving licence and own transport	E	A
Have good internet access at home and a space to work from home	E	A

Special Requirements:

In accordance with our Child Protection and Safeguarding procedures, this position requires an Enhanced DBS.